



# UNIVERSITY EXAMINATIONS

**2<sup>ND</sup> SEMESTER 2023/2024 ACADEMIC YEAR**

**SECOND YEAR EXAMINATION FOR THE DEGREE OF  
BACHELOR OF PSYCHOLOGY**

**PSYC 225: PSYCHOLOGY OF ADOLESCENCE**

***STREAM: R***

***TIME: 2 HRS***

***DAY: TUESDAY(8.30-10.30AM)***

***DATE: 16/4/24***

**THIS QUESTION PAPER CONSISTS OF THREE (3) PAGES**

**PLEASE DO NOT OPEN UNTIL THE INVIGILATOR SAYS SO.**



**INSTRUCTIONS:** Answer question **ONE** and any other **TWO** questions

**QUESTION ONE (30 MARKS)**

(a) Define the following terms

**(5 marks)**

- (i) Adolescence
- (ii) Teenager
- (iii) Character
- (iv) Psychotherapy
- (v) Psychology

(b) Differentiate between the following

**(6 marks)**

- (i) Community and Society
- (ii) Counselling Techniques and Approaches
- (iii) Behavior and Traits

(c) Explain **five** main puberty characteristics among adolescents

**(10marks)**

(d) Outline five Important developments during adolescence stage that will influence the future behavior of an adolescent

**(5 marks)**

(e) Describe Existentialist Philosophy on how an adolescent behavior is determined and predicted

**(4 marks)**

**QUESTION TWO (20 MARKS)**

(i) Discuss **five** ways in which an adolescent may express their thoughts to their parents and peers

**(10 marks)**

(ii) Explain **five** significant roles of religious institutions in managing adolescents Behaviour

**(10 marks)**

**QUESTION THREE**

(i) Give an analysis on how social media exposure has influenced the character development of adolescents in Laikipia University

**(10 marks)**

- (ii) Describe **five** characteristics of an adolescent who as withdrawn from the peers  
(10 Marks)

**QUESTION FOUR (20 MARKS)**

- (i) Explain how you would use Constructivist Thinking in changing the character of an adolescent during counselling (10 marks)
- (ii) Identify **five** issues that would arise if a father figure would miss in adolescent's life (10 marks)

**QUESTION FIVE (20 MARKS)**

- (a) Discuss any 6 approaches in which parents would apply in solving issues that emerge during adolescence stage of their children (12 marks)
- (b) Outline **six** areas of counseling that would be mandatory for Laikipia University counselling trainees to specialize in during studies on issues that affect adolescents (8 marks)

