

LAIKIPIA



UNIVERSITY

UNIVERSITY EXAMINATIONS

1ST SEMESTER 2025/2026 ACADEMIC YEAR

**EXAMINATION FOR THE MASTERS DEGREE IN
EDUCATION**

EPSC - 816: GUIDANCE AND COUNSELLING

STREAM: R

TIME: 3 HRS

DAY: THURSDAY (12.30-3.30PM)

DATE: 05/02/2026

THIS QUESTION PAPER CONSISTS OF THREE (2 PAGES)

PLEASE DO NOT OPEN UNTIL THE INVIGILATOR SAYS SO.

INSTRUCTIONS

Do not write anything on this paper.

Answer any three Questions

QUESTION ONE (20 Marks)

- a) Distinguish between Ethical Issues and Legal issues in Counselling. **(10 marks)**
- b) Explain why guidance and counselling is an integral part of the school program in Kenyan schools. **(10 marks)**

QUESTION TWO (20 Marks)

- a) High school students are easily led into wrong habits by peer pressure. Tim is a Form 1 student who has been influenced into drinking alcohol. As the guidance counsellor well versed in the person centered theory, describe how you would support Tim to unlearn the habit through the five counselling steps/stages. **(10 marks)**
- b) The Principal of Sky Secondary school has requested the counselling teacher to organise a group therapy session for students to enhance coping skills after a school dormitory fire accident. Evaluate strengthened and weakness using. **(10 marks)**

QUESTION THREE (20 Marks)

- a) Ms Tim needs to train peer counsellors for her school. Develop qualities she should consider when selecting potential trainees. **(10 marks)**
- b) State and explain ten goals of counselling in a school context. **(10 marks)**

QUESTION FOUR (20 Marks)

- a) Evaluate the role of guidance counsellor teacher as the supervisor of peer counsellors' in schools. **(10 marks)**
- b) Illustrate the characteristics of the relationship between a counselor and a counselee in the counseling process. **(10 marks)**