

LAIKIPIA



EPSC 817

UNIVERSITY

## UNIVERSITY EXAMINATIONS

2<sup>ND</sup> SEMESTER 2024/2025 ACADEMIC YEAR

MASTERS EXAMINATION FOR BACHELOR OF  
EDUCATION

EPSC 817: MARRIAGE AND FAMILY

***STREAM: R***

***TIME: 2 HRS***

***DAY: MONDAY (8.30-11.30AM)***

***DATE: 14/4/25***

**THIS QUESTION PAPER CONSISTS OF THREE (3) PAGES**

**PLEASE DO NOT OPEN UNTIL THE INVIGILATOR SAYS SO.**

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***Vision: Nurture and Transform for the World***

***Mission: To Contribute to the World through Education, Research, Training, Consultancy, Innovation, Outreach and Collaboration***

**Laikipia University is ISO 9001:2015 and ISO/IEC 27001:2013 Certified**



**INSTRUCTIONS:** Question **ONE** is compulsory. Answer any other **THREE** other questions

**QUESTION ONE (15 MARKS)**

**Case Study:**

Rachel and Tom have been married for 5 years and recently purchased their first home. However, they are struggling with high levels of credit card debt, which Tom accumulated before they got married. Rachel is frustrated with Tom's lack of financial discipline and feels that they are not making progress on paying down their debt. Tom, on the other hand, feels embarrassed and defensive about the debt and does not want to discuss it further. The couple has not been able to agree on how to approach debt repayment and financial planning, which is causing tension in their relationship.

a): Analyze how Rachel and Tom's debt situation is impacting their marital relationship.

(3 Marks)

b). Demonstrate how their differing attitudes toward money and debt contribute to their conflict

(4 Marks)

c). Propose how this conflict can be resolved using Bowenian therapy to counsel a family facing financial difficulties

(8 Marks)

**SECTION B: ANSWER ANY THREE QUESTIONS**

**QUESTION TWO (15 MARKS)**

a). Evaluate the role of the therapist in relationship counselling

(5 Marks)

a). Explore how different parenting styles are related to the quality of marital relationships

(10 Marks)

**QUESTION THREE (15 MARKS)**

- a). Critically assess the long-term effects of prolonged marital conflict on individual well-being and family functioning. (5 Marks)
- b). Establish why a family therapist should maintain cultural humility during counselling session. (10 Marks)

**QUESTION FOUR (15 MARKS)**

- a). Discuss why family therapists use the genogram as a tool in treatment? Provide an example of how it can help identify intergenerational patterns (5 Marks)
- b). Analyze Five cognitive behavioural therapy techniques that can be used address conflict in family (10 Marks)

**QUESTION FIVE (15 MARKS)**

- a). Discuss Five strategies that can be used to provide a supportive family structure that promotes positive emotional development and socialization for her children (5 Marks)
- b). Analyze Four therapeutic techniques used in strategic family therapy (10 Marks)

