

UNIVERSITY EXAMINATIONS

1ST SEMESTER 2022/2023 ACADEMIC YEAR

**THIRD YEAR EXAMINATION FOR THE DEGREE
BACHELOR OF ARTS IN PEACE AND CONFLICT
STUDIES**

PACS 316: TRAUMA, HEALING AND RECONCILIATION

STREAM: R

TIME: 2 HRS

DAY: THURSDAY [11.30AM – 13.30]

DATE: 08/12/2022

THIS QUESTION PAPER CONSISTS OF TWO (2) PAGES

PLEASE DO NOT OPEN UNTIL THE INVIGILATOR SAYS SO.

INSTRUCTIONS: - ANSWER QUESTION ONE AND ANY TWO OTHERS.

QUESTION ONE

- (a) Define the following terms: - (10 Marks)
 - (i) Post-traumatic stress disorder
 - (ii) Traumatic countertransference
 - (iii) Panic attacks
 - (iv) Psychological debriefing
 - (v) Traumatology
- (b) Critically explain five theories that assist in understanding trauma. (10 Marks)
- (c) What are the three broad categories of symptoms of post-traumatic stress disorder. (6 marks)
- (d) Using Cathartic psychotherapy examine four phases of handling losses. (4 Marks)

QUESTION TWO

- (a) Analyze the reconciliation phase of healing from trauma. (10 Marks)
- (b) Highlight the two factors which determine the approach of trauma treatment a therapist adopts. (4 Marks)
- (c) Trauma as the symptoms that occur following exposure to three traumatic events; namely. (6 Marks)

QUESTION THREE

- (a) Examine any two models for treatment and intervention therapies for traumatized adults. (10 Marks)
- (b) Highlight any five forms Trauma symptoms may come. (10 Marks)

QUESTION FOUR

- (a) Critically examine any ten typical causes and dangers of psychological trauma. (10 Marks)
- (b) Examine how political candidates in Africa Europe and Asia manage loss of political elections. (10 Marks)

QUESTION FIVE

- (a) Analyze any two models for treatment and intervention therapies for traumatized children. (10 Marks)
- (b) Discuss any two models for treatment and intervention therapies for traumatized adolescents. (10 Marks)