

LAIKIPIA



UNIVERSITY

UNIVERSITY EXAMINATIONS

2ND SEMESTER 2023/2024 ACADEMIC YEAR

SECOND YEAR EXAMINATION FOR THE DEGREE
OF BACHELOR OF SCIENCE IN COMMUNITY
DEVELOPMENT

CDEV 223: YOUTH AND ADOLESCENT DEVELOPMENT

STREAM:

TIME: 2 HRS

DAY: WEDNESDAY [2.30-4.30 P.M]

DATE: 17/04/2024

THIS QUESTION PAPER CONSISTS OF THREE (3) PAGES

PLEASE DO NOT OPEN UNTIL THE INVIGILATOR SAYS SO.



INSTRUCTIONS: Answer Question one (COMPULSORY) and any other two questions.

QUESTION ONE

a) Define the following terms **(8 Marks)**

- i) Young person
- ii) Reproductive health
- iii) Guidance
- iv) Sexuality

b). State FOUR Male Physical changes that occur during adolescence **(4 Marks)**

c). State and explain FIVE emerging trends in drug abuse affecting youths and adolescents **(10 Marks)**

d). Explain FOUR Reproductive health rights of adolescents and young people **(8 Marks)**

QUESTION TWO

a) State and explain THREE Qualities of good counselor **(6 Marks)**

b) Distinguish between Guidance and Counseling **(5 Marks)**

c) Explain the benefits of individual counseling as opposed to group counseling **(5 Marks)**

d) State the role of community development workers in guidance and counseling among youths and adolescents **(4 Marks)**

QUESTION THREE

a) Elaborate the role of NGOs, CBOs AND FBOs in addressing deviant sexual behaviours in youths and adolescents **(15 Marks)**

b) State TWO Social and three emotional changes that occur during puberty **(5 Marks)**

QUESTION FOUR

a) As a Change agent in your community discuss ways of attracting youths to one day FDG(Focus Group Discussion) on Reproductive health and sexuality **(10 Marks)**



- b) Describe **THREE** areas of reproductive health and **TWO** areas of sexuality that you will discuss with your participants on the said day **(10 Marks)**

QUESTION FIVE

- a) Discuss challenges facing youths and adolescents with special needs **(10 Marks)**
- b) Elaborate the channels that communities can adhere to in overcoming the challenges mentioned above **(10 Marks)**

