

LAIKIPIA



UNIVERSITY

# UNIVERSITY EXAMINATIONS

**2<sup>ND</sup> SEMESTER 2023/2024 ACADEMIC YEAR**

**SECOND YEAR EXAMINATION FOR THE DEGREE  
OF BACHELOR OF SCIENCE IN COMMUNITY  
DEVELOPMENT**

**CDEV 221: HUMAN HEALTH AND SANITATION**

***STREAM:***

***TIME: 2 HRS***

***DAY: THURSDAY [11.30-1.30 P.M]***

***DATE: 18/04/2021***

**THIS QUESTION PAPER CONSISTS OF TWO (2) PAGES**

**PLEASE DO NOT OPEN UNTIL THE INVIGILATOR SAYS SO.**



**INSTRUCTIONS**

- (i) Answer Question ONE and any other TWO questions**
- (ii) Do not write on the question paper**

**Question One: Compulsory (30 Marks)**

- (a) What do you understand by healthy choices in human health? **(5 Marks)**
- (b) Using relevant examples, explain the concept of health across the lifespan of individuals **(10 Marks)**
- (c) Health behavior change is not easy but is worth the effort. You have discovered that you are obese and would like to return to your optimal weight. Using Social Cognitive Theory constructs explain your journey of health promotion **(15 Marks)**

**Question Two**

- (a) Explain the term environmental sanitation **(5 Marks)**
- (b) With relevant examples, explain the settings in which human health can be promoted **(15 Marks)**

**Question Three**

- (a) What do you understand by hygiene promotion? **(5 Marks)**
- (b) Explain the factors that influence hygiene in any community **(15 Marks)**

**Question Four**

- (a) With relevant examples, elaborate on the functions of community water committees **(10 Marks)**
- (b) Explain why gastro-intestinal tract diseases are most common in developing countries **(10 Marks)**

**Question Five**

- (a) Explain what you understand by health promotion **(5 Marks)**
- (b) Explain with examples the major determinants of human health and illness in Kenya today **(15 Marks)**

