

LAIKIPIA



UNIVERSITY

UNIVERSITY EXAMINATIONS

2ND SEMESTER 2023/2024 ACADEMIC YEAR

THIRD YEAR EXAMINATION FOR THE DEGREE
OF BACHELOR OF SCIENCE IN COMMUNITY
DEVELOPMENT

CDEV 321: FAMILY THERAPY AND COUNSELLING

STREAM:

TIME: 2 HRS

DAY: WEDNESDAY [8.30-10.30 A.M]

DATE: 17/04/2024

THIS QUESTION PAPER CONSISTS OF TWO (2) PAGES

PLEASE DO NOT OPEN UNTIL THE INVIGILATOR SAYS SO.



Section A is compulsory. Answer any Two question from section B

Section A is compulsory

Question-One

- a). Define the following terms
- i). Differentiation of self (2 Marks)
 - ii). Family Boundaries (2 Marks)
 - iii). Family subsystems (2 Marks)
- b) Discuss a genogram and explain how its used in treatment (4 Marks)
- c). Analyze four techniques used in Bowen family therapy (8 Marks)
- d). Assess four alternative methods of conflict resolution in families (8 Marks)
- e). Discuss Four social factors leading to family conflict (4 Marks)

Section B: Answer any Two questions

Question-Two

- a) Discuss the role of family Therapy (10 Marks)
- b) Examine the Techniques used in structural family therapy (10 Marks)

Question-Three

- a) Examine the role of Counsellor in family therapy (10 Marks)
- b) Discuss techniques used in Milan family therapy (10 Marks)

Question Four

- a). Examine benefits of Strategic Family Therapy (10 Marks)
- b). Explain the techniques used in cognitive-behavioral therapy (10 marks)

