

LAIKIPIA



UNIVERSITY

UNIVERSITY EXAMINATIONS

2ND SEMESTER 2023/2024 ACADEMIC YEAR

**FIRST YEAR EXAMINATION FOR THE DEGREE OF
BACHELOR OF SCIENCE IN SPORTS SCIENCE AND
MANAGEMENT**

**SPSM 112: HUMAN ANATOMY AND PHYSIOLOGY IN
SPORTS**

STREAM:

TIME: 2 HRS

DAY: MONDAY [8.30-10.30 A.M]

DATE: 15/04/2024

THIS QUESTION PAPER CONSISTS OF TWO (2) PAGES

PLEASE DO NOT OPEN UNTIL THE INVIGILATOR SAYS SO.



Instructions: Answer question ONE and any other TWO questions

Question One

- a) Define the following concept as applied in treatment and rehabilitation of offenders (5 marks).
- i) mentally disordered offenders
 - ii) Criminal psychopath
 - iii) relapse
 - iv) general deterrence
 - v) humanistic approach
 - vi) psychodynamics interventions
- a) Discuss **FIVE** different types of treatment of offenders (10 mark)
- b) Highlight **FIVE** shortcomings of incapacitation of offenders (5 marks).
- c) Discuss **FIVE** roles of community in rehabilitation and treatment of offenders (10 marks).

Question Two

- a) Discuss **three** principles of humanistic approach in the context of offenders' treatment and rehabilitation (10 marks).
- b) Discuss challenges in treating and rehabilitating substance abuse offenders (10 marks).

Question Three

- a) Discuss the role of a counselor in behavioral change of an offender (10 marks).
- b) Discuss Abraham Maslow's hierarchy of needs (10 marks).

Question four

- a) Write short notes on aggression and violent crime. (10 marks)
- b) Discuss Psychodynamic theory in relation to treatment and rehabilitation of offenders (10 marks).

Question five

- a) Discuss **five** various types of punishment given to offenders (10 marks)
- b) Discuss five effects of drug abuse in the society. (10 marks)