

LAIKIPIA



UNIVERSITY

# UNIVERSITY EXAMINATIONS

1<sup>ST</sup> SEMESTER 2023/2024 ACADEMIC YEAR

FOURTH YEAR EXAMINATION FOR THE DEGREE  
OF BACHELOR OF SCIENCE IN COMMUNITY  
DEVELOPMENT

**CDEV 413: COMMUNITY NUTRITION AND HEALTH**

***STREAM:***

***TIME: 2 HRS***

***DAY: WEDNESDAY [11.30-13.30 P.M]***      ***DATE: 6/12/2023***

**THIS QUESTION PAPER CONSISTS OF TWO (2) PAGES**

**PLEASE DO NOT OPEN UNTIL THE INVIGILATOR SAYS SO.**



**INSTRUCTIONS**

- (i) Answer Question ONE and any other TWO questions**
- (ii) Do not write on the question paper**

**QUESTION ONE: COMPULSORY (30 MARKS)**

- (a) Explain with relevant examples the challenges faced by nutritionists in modern societies **(15 Marks)**
- (b) You have been appointed to carry out Community Nutrition Needs Assessment in your village. Using relevant examples from your village, explain how you will go about this task **(15 Marks)**

**QUESTION TWO**

- (a) What are the consequences of undernutrition in mean in brief? **(5 Marks)**
- (b) Explain the levels of body composition with reference to human nutrition **(15 Marks)**

**QUESTION THREE**

- (a) Who is an adolescent? **(4 Marks)**
- (b) As a community nutritionist, explain the best practice of feeding babies from birth to the time they attain five years **(16 Marks)**

**QUESTION FOUR**

- (a) How can body mass index be useful to a community nutritionist? **(5 Marks)**
- (b) With relevant examples, discuss the community-based nutrition intervention strategy that may guarantee success and improved health within your community **(15 Marks)**

**QUESTION FIVE**

- (a) Who is a manager? **(5 Marks)**
- (b) Explain some of the best guidelines to put in place to ensure effective cross-cultural communication when implementing community based nutrition project **(15 Marks)**

