

LAIKIPIA



UNIVERSITY

UNIVERSITY EXAMINATIONS

1ST SEMESTER 2025/2026 ACADEMIC YEAR

SECOND YEAR EXAMINATIONS FOR BACHELOR OF EDUCATION (ECDE)

ECE 213: MATERNAL AND CHILD HEALTH

STREAM: R

TIME: 2 HRS

DAY: WEDNESDAY (8.30-10.30AM)

DATE: 04/02/2026

THIS QUESTION PAPER CONSISTS OF THREE (3 PAGES)

PLEASE DO NOT OPEN UNTIL THE INVIGILATOR SAYS SO.

INSTRUCTIONS:

Answer Question ONE and any other TWO questions

QUESTION ONE (30 MARKS)

“The Bouncing Baby Care Clinic in Nyahururu CBD opens daily to offer preventative and promotive care to all children under 5 years of age even if they are well”. While many mothers visit this clinic many still do not seek services in this clinic

- a) Explain SIX services that a mother expects from Bouncing Baby Care Clinic during the first six months of the baby’s life? **(6 marks)**
- b) Discuss SIX benefits of each of the services provided at the Bouncing Baby Care Clinic. **(6 marks)**
- c) What are some of the common child hood diseases that are screened at the Bouncing Baby Care Clinic. **(6 marks)**
- d) Describe THREE vaccines provided to babies at the Bouncing Baby Care Clinic at 10 weeks according to KEPI schedule. **(6 marks)**
- e) Critically examine SIX factors (systemic, cultural, and resource-related) that may be contributing to many mothers not accessing services at Bouncing Baby Care Clinic in Nyahururu CBD. **(6 marks)**

QUESTION TWO (15 MARKS)

As an ECDE specialist your main role in promoting survival and development of young children is to provide guidance to parents on a number of things

- i. What is parenting all about? **(2 marks)**
- ii. What are the critical areas of concern for parenting guidance with children 0-9years? **(13 marks)**

QUESTION THREE (15 MARKS)

“Children need parental protection and security to thrive’. The most important role of a parent is to keep the child safe and to protect the child” Discuss Five strategies parents adopt to ensure children safety and security at home and at school? **(15 marks)**

QUESTION FOUR (15 MARKS)

The WHO recommends exclusive breastfeeding for 6 months and continued breastfeeding up to 2 years or beyond. However, implementation faces multiple challenges.

- a) Highlight THREE advantages of Breastfeeding to young children? **(6 marks)**
- b) Critically examine barriers to exclusive breastfeeding in the following circumstances:
 - i. working mothers in urban settings **(3 marks)**
 - ii. mothers living with HIV **(3 marks)**
 - iii. adolescent mothers. **(3 marks)**

QUESTION FIVE

In your community, there has been an increase in pregnancies among girls aged 15-18 years posing health risks for both adolescent mothers and their babies during pregnancy, birth, and the postnatal period.

- a) State THREE reasons why these pregnancies are considered high-risk from a maternal and child health perspective? **(3 marks)**
- b) Explain how FOUR social determinants contribute to adolescent pregnancy. **(8 marks)**
- c) Explain how each of the FOUR determinants above can compromise optimal care for child? **(4 marks)**