

LAIKIPIA



UNIVERSITY

UNIVERSITY EXAMINATIONS

2ND SEMESTER 2023/2024 ACADEMIC YEAR

EXAMINATION FOR MASTERS IN EDUCATION

MEGC 811: THEORIES AND TECHNIQUES OF COUNSELLING

STREAM: R

TIME: 3 HRS

DAY: TUESDAY (12.30-15.30PM)

DATE: 16/4/24

THIS QUESTION PAPER CONSISTS OF TWO (2 PAGES)

PLEASE DO NOT OPEN UNTIL THE INVIGILATOR SAYS SO.



INSTRUCTIONS

Do not write anything on this paper.

Answer **ALL** the Questions

QUESTION ONE (30 MARKS)

Salaja a form four student and drug addict has visited you the counselor for psychological support. Using Egan counselling process and with examples describe the counselling process with the client from the begging to the end as follows:

- a) Exploration stage (10 marks)
- b) Understanding stage (10 marks)
- c) Action stage (10 marks)

QUESTION TWO (20 MARKS)

- (a) Explain the appropriate sitting position for the counselor (5 marks)
- (b) Mention **five** non-verbal behaviour displayed by the client (5 marks)
- (c) Outline **five** actions likely to betray the impatience of a counselor. (5 marks)
- (d) Explain **five** counseling techniques used in counseling (5 marks)

QUESTION THREE (20 MARKS)

- (a) Explain **five** importance of theories of counseling (5 marks)
- (b) Describe **five** significance of attending skills to be noted by the counselor during counselling process (5 marks)

