

LAIKIPIA



UNIVERSITY

UNIVERSITY EXAMINATIONS

1ST SEMESTER 2025/2026 ACADEMIC YEAR

**EXAMINATION FOR POST GRADUATE IN
EDUCATION**

EPSC 715/714: GUIDANCE AND COUNSELLING

STREAM: R

TIME: 2 HRS

DAY: TUESDAY (14.30-16.30)

DATE: 03/02/2026

THIS QUESTION PAPER CONSISTS OF THREE (2 PAGES)

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INSTRUCTIONS:

Answer question one and any other two questions

Question one is compulsory

All questions carry equal marks.

QUESTION ONE

- (a) Differentiate between the terms guidance and counselling. (4 marks)
- (b) Design a guidance and counselling program for teenagers, young adults, retirees and the aged. For each group, identify two areas of guidance and two areas of counselling. (16 marks)

QUESTION TWO

- (a) Explain the term referral as used in guidance and counselling. (2 marks)
- (b) Identify and explain six situations that may lead the Counsellor to refer their client to another Counsellor. (18 marks)

QUESTION THREE

- (a) With examples give five qualities of an effective Counsellor. (10 marks)
- (b) In what five areas do parents of new students need to be guided on admission day of their children? Give reasons for each area. (10 marks)

QUESTION FOUR

- (a) Explain each of the following terms as used in guidance and counselling.
- i. Personal self (2 marks)
 - ii. Professional self (2 marks)
 - iii. Empathy (2 marks)
 - iv. Sympathy (2 marks)
 - v. Unconditional positive regard (2 marks)
- (b) Explain the SOLER model as a skill in counselling. (10 marks)

QUESTION FIVE

- (a) In guiding students for career and vocational development, use the Holland code theory to show the relationship between the personality and careers that people take. (12 marks)
- (b) Explain four factors to consider before choosing a career. (8 marks)