

LAIKIPIA



UNIVERSITY

UNIVERSITY EXAMINATIONS

1ST SEMESTER 2025/2026 ACADEMIC YEAR

**FOURTH YEAR EXAMINATIONS FOR THE
DEGREE OF BACHELOR OF PSYCHOLOGY**

PSYC 413: COMMUNITY COUNSELLING

STREAM: R

TIME: 2 HRS

DAY: WEDNESDAY (8.30-10.30AM)

DATE: 28/01/2026

THIS QUESTION PAPER CONSISTS OF THREE (3 PAGES)

PLEASE DO NOT OPEN UNTIL THE INVIGILATOR SAYS SO.

INSTRUCTIONS

- i. Answer Question ONE and any other TWO questions.**
- ii. Do not write on the question paper**

QUESTION ONE (30 MARKS)

- a) Explain the following terms as used in community counselling.
 - i) Community **(2 marks)**
 - ii) Sense of community **(2 marks)**
 - iii) Community counselling **(2 marks)**
 - iv) Community empowerment **(2 marks)**
 - v) Primary Prevention **(2 marks)**
- b) Examine five intervention measures you would take for a suicidal youth. **(10 marks)**
- c) Evaluate three qualities of an effective community counsellor. **(6 marks)**
- d) Outline four ethical issues in conducting research. **(4 marks)**

QUESTION TWO (20 MARKS)

- a) Demonstrate five models of community counselling. **(10 marks)**
- b) Compare and contrast behavior theories and cognitive behavioral theories in the context of community counseling. **(10 marks)**

QUESTION THREE (20 MARKS)

You are a community counsellor working in Laikipia County. The region has been experiencing tension between two ethnic communities which has led to occasional violence, property damage and breakdown in community relations.

- a) Illustrate the conflict resolution mechanisms you would employ to address this situation. **(10 marks)**
- b) Describe five barriers that would prevent you from resolving the conflicts successfully. **(10 marks)**

QUESTION FOUR (20 MARKS)

- a) Drawing from the Shakahola Forest tragedy of April 2023 and the recent resurgence of cult-related activities in the same area, critically discuss the role of community counselling in responding to harmful cult practices. **(12 marks)**
- b) Examine four types of advocacy in community settings. **(8 marks)**