



UNIVERSITY EXAMINATIONS

2ND SEMESTER 2023/2024 ACADEMIC YEAR

**MASTERS EXAMINATION FOR BACHELOR OF
EDUCATION**

EPSC 814: GROUP COUNSELLING

STREAM: R

TIME: 2 HRS

DAY: WEDNESDAY (12.30-15.30PM) DATE: 17/4/24

THIS QUESTION PAPER CONSISTS OF FOUR (4) PAGES

PLEASE DO NOT OPEN UNTIL THE INVIGILATOR SAYS SO.



INSTRUCTIONS: SECTION A is COMPULSORY. Answer any **TWO** questions from **SECTION B**

CASE I

Susan is a medical social worker in a large suburban hospital. Her client, Mrs. Mwita, is a middle-aged woman whose husband is dying of cancer. Behind the closed door of Susan's office, Mrs. Mwita tearfully tells Susan of her struggle to remain hopeful for her husband and family in the face of Mr. Mwita's obviously deteriorating condition. Mrs. Mwita is ready to realistically face the inevitable loss of her husband but feels the family is not ready and would be shocked and angry at her suggestion that they prepare for his death. During this emotional dialogue, the office door opens and Susan's social work supervisor, Mrs. Rushing, enters without knocking. The supervisor recognizes Mrs. Mwita and sees her tear stained face and pained expression. Being familiar with the client's circumstances, the supervisor acknowledges that the client is discussing her husband.

Mrs. Rushing then begins to talk of her own reaction to her father's death, stating that she could still feel the emotional pain ten years after the fact. She talks on for several minutes becoming very emotional and tearful and finally leaving. Susan then turns to the client who makes no comment about the interruption and resumes where she left off. Later Mrs. Rushing tells Susan that this kind of self-disclosure is helpful to get the client's mind off the problem and to let them know that others have experienced the same thing.

QUESTIONS ONE

- a). Is the disclosure in the interest of the client (3 marks)
- b). Is it relevant to what the client is currently expressing (5 Marks)
- c). Discuss factors to consider when setting up a group for counselling (4 marks)
- d). Are the content, timing, and intensity of the disclosure appropriate (8 Marks)



SECTION B: Answer any TWO Questions**QUESTION TWO**

- a) You have been asked to start group counselling in your institution to deal with Drug addiction.
1. Formulate a program to cater for the issue discussed above (10 Marks)
- b). Examine **five** leadership skills the counselor can use (5 Marks)

QUESTION THREE

Purpose of the group counselling varies from group to group

- a) Analyze the purpose of group counselling (5 Marks)
- b) Discuss **Five** challenges a counsellor encounters in group therapy (5 Marks)
- c) Explain the role of gender on group counselling (5 marks)

QUESTION FOUR**CASE 2**

a). Ruth has been assigned to a local mental health hospital for her internship to work with patients who are preparing to be discharged. It is her first day at the site and she is meeting with her site supervisor. He gives her a form to fill out, which asks for information regarding her student malpractice insurance. When Ruth tells her supervisor that she does not carry such insurance, he advises her that it is their policy not to accept any student who does not have insurance. The supervisor also expresses some surprise because this has always been the hospital's policy and Ruth is not the first student to be assigned to them from her training program



1. What are the main issues in the case (1 Marks)
 2. What ethical issues are of concern in the case (1 marks)
 3. Are there particular breaches of ethical principles? What are they? (2 marks)
 4. What can the supervisor do, if anything, to resolve the ethical problem(s) presented in the case? (2 marks)
 5. Discuss **four** ethical issues in group counselling (4 marks)
- b). Identify **Five** essential factors to consider before starting a group therapy (5 Marks)

