



# UNIVERSITY EXAMINATIONS

**2<sup>ND</sup> SEMESTER 2023/2024 ACADEMIC YEAR**

**FOURTH YEAR EXAMINATION FOR THE DEGREE OF  
BACHELOR OF PSYCHOLOGY**

**PSYC 422: ABNORMAL PSYCHOLOGY**

***STREAM: R***

***TIME: 2 HRS***

***DAY: TUESDAY (11.30-1.30PM)***

***DATE: 16/4/24***

**THIS QUESTION PAPER CONSISTS OF THREE (3) PAGES**

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**INSTRUCTIONS: Answer Question ONE and any Other TWO**

**QUESTION ONE (30 MARKS)**

a). Explain the significance of the following terms as applied in ‘abnormal psychology’

- i. Abnormal psychology (3 marks)
- ii. Mental health (3 marks)
- iii. Psychogenic perspective (3 marks)
- iv. Anorexia nervosa (3 marks)
- i. Somatogenic perspective (3 marks)

b). Distinguish between the following pair of concepts used in ‘abnormal psychology’

- i. Anxiety disorder and mood disorder (5 marks)
- ii. Schizotypal Personality Disorder and schizophrenic disorder (5 marks)
- iii. Biopsychosocial perspective and psychodynamic perspective (5 marks)

**QUESTION-TWO (20 MARKS)**

- a). Illustrate with suitable examples five personality disorders (10 marks)
- b). Discuss five criteria that are used to explain abnormal human behaviour (10 marks)

**QUESTION-THREE (20 MARKS)**

- a). Examine any two psychological theories that may apply to explain abnormal behaviour in humans (10 Marks)
- b). Explain Hippocrates’ contribution to abnormal psychology (5 Marks)
- c). Discuss Plato’s views on treatment of patients with abnormal behaviour (5 Marks)



**QUESTION-FOUR (20 MARKS)**

- a). Nancy, a clinical psychologist working in a hospital for the mentally ill, recorded the following symptoms in a mentally disturbed client- “Feeling nervous, restless and tense, having a sense of impending danger, panic and doom, increased heart rate, rapid breathing, sweating, trembling, weakness and tiredness, impaired concentration, and having trouble sleeping”. What could the client be suffering from? Give five reasons for your answer (10 Marks)
- b). What are phobic disorders? (3 Marks)
- c). Explain any three phobic disorders that counsellors may encounter in the course of their practice (7 Marks)

**QUESTIO-FIVE**

- a). Explain what is meant by somatoform disorders in the context of mental health (5 Marks)
- b). Describe the characteristics of the following somatoform disorders.
- i. Conversion disorder (5 Marks)
  - ii. Hypochondriasis (5 Marks)
  - iii. Somatization disorder (5 Marks)

