



UNIVERSITY EXAMINATIONS

1ST SEMESTER 2025/2026 ACADEMIC YEAR

SECOND YEAR EXAMINATIONS FOR BACHELOR OF EDUCATION (ECDE)

ECE 215: PLAY SAFETY AND FIRST AID

STREAM: R

TIME: 2 HRS

DAY: WEDNESDAY (14.30-16.30)

DATE: 28/01/2026

THIS QUESTION PAPER CONSISTS OF THREE (2 PAGES)

PLEASE DO NOT OPEN UNTIL THE INVIGILATOR SAYS SO.

INSTRUCTIONS:**ANSWER QUESTION ONE AND ANY OTHER TWO.****QUESTION ONE (30 MARKS)**

(a). Define the following concepts.

(i) Play (2 marks)

(ii) First Aid (2 marks)

(iii) Environment (2 marks)

(iv) Indoor play. (2 marks)

(b) Discuss **FOUR** roles of play in growth and development in human beings. (8 marks)(c) Discuss **ONE** theory of children play. (6 marks)(d) Highlight **FOUR** safety precautions when participating in indoor play activities. (8 marks)**QUESTION TWO**(a) Discuss **FOUR** roles of adult in promoting play. (8 marks)(b) Discuss **THREE** activities which a Physical Education teacher can involve ECDE learners during indoor and outdoor play. (7 marks)**QUESTION THREE**(a) Discuss **FIVE** emerging issues in indoor and outdoor play. (8 marks)(b) Discuss **FIVE** requirements of an ideal outdoor environment. (7 marks)**QUESTION FOUR**(a) Describe **FIVE** ways of integrating play activities with other learning areas. (7 marks)(b) Describe **FIVE** basic first aid skills (8 marks)**QUESTION FIVE**(a) Explain **SIX** ways of developing and maintaining play equipment. (6 marks)(b) Discuss **THREE** roles of each of the following as play activities.

i) Music (3 marks)

ii) Songs (3 marks)

iii) Drama (3 marks)