

LAIKIPIA



UNIVERSITY

## UNIVERSITY EXAMINATIONS

**1<sup>ST</sup> SEMESTER 2025/2026 ACADEMIC YEAR**

**FOURTH YEAR EXAMINATIONS FOR THE  
DEGREE OF BACHELOR OF PSYCHOLOGY**

**PSYC 412: GERONTOLOGY AND GERIATRICS**

***STREAM: R***

***TIME: 2 HRS***

***DAY: THURSDAY (8.30-10.30AM)***

***DATE: 29/01/2026***

**THIS QUESTION PAPER CONSISTS OF THREE (3 PAGES)**

**PLEASE DO NOT OPEN UNTIL THE INVIGILATOR SAYS SO.**

**INSTRUCTIONS**

**This paper consists of two section A and B.**

**Answer all question in section A and any other two in section B**

**SECTION A: All questions are compulsory****QUESTION ONE (30 MARKS)**

- a) Define the following terms as used in gerontology
- i. Physical development (2 marks)
  - ii. Emotional development (2 marks)
  - iii. Cognitive development (2 marks)
- b) Examine the importance of studying gerontology and geriatrics (6 marks)
- c) Analyze the cognitive development in old age (6 marks)
- d) Discuss social roles of elderly in society (6 marks)
- e) Evaluate Kenya government policies on aging (6 marks)

**SECTION B: ANSWER ANY TWO QUESTIONS****QUESTION TWO (20 MARKS)**

- a) Investigate challenges experienced by the elderly in society. (10 marks)
- b) Explain the social aspects and implications of ageing at micro-levels, on social services and national. (10 marks)

**QUESTION- THREE (20 MARKS)**

- a) Justify the political role of the elderly in society. (10 marks)
- b) Discuss cognitive development in middle old age. (10 marks)

**QUESTION-FOUR (20 MARKS)**

- a) Assess the impact of physical development of early adulthood. (5 marks)
- b) Explain Five biological changes that occur in the aging process. (5 marks)
- c) Analyze the impact of social isolation on the mental health of the elderly and propose practical interventions. (10 marks)

**QUESTION FIVE (20 MARKS)**

- a) Justify the three major responses to psychological challenges faced by the elderly. **(10 marks)**
- b) Investigate four social factors that influence aging. **(10 marks)**